

Table 1C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Summary of Demographic Indicators ⁽²⁾

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Total Records	Number	%	Source of Data	Number	%
Complete Records	14,327	72.3	WIC	19,813	100.0
Prenatal Records	1,567	7.9	Maternal Health	0	0.0
Postpartum Records	3,919	19.8	Other	0	0.0
Total Records Accepted	19,813		Total	19,813	100.0
			<i>Excluded Unknown: 0</i>	<i>0.0</i>	

Race/Ethnic Distribution	Number	%	Age Distribution	Number	%	Education Distribution	Number	%
White, Not Hispanic	14,134	71.4	< 15 Years	60	0.3	< High School	5,257	28.3
Black, Not Hispanic	1,626	8.2	15 - 17 Years	1,085	5.5	High School	8,101	43.6
Hispanic	3,228	16.3	18 - 19 Years	2,588	13.1	> High School	5,216	28.1
American Indian/Alaska Native	106	0.5	20 - 29 Years	12,297	62.1	Total	18,574	100.0
Asian/Pacific Islander	407	2.1	30 - 39 Years	3,532	17.8			
Multiple Races	287	1.5	>= 40 Years	241	1.2			
All Other	0	0.0	Total	19,803	100.0			
Total	19,788	100.0						
<i>Excluded Unknown: 25</i>	<i>0.1</i>		<i>Excluded Unknown: 10</i>	<i>0.1</i>		<i>Excluded Unknown: 1,239</i>	<i>6.3</i>	

% Poverty Level	Number	%	Program Participation ⁽³⁾	Number	%	Migrant Status	Number	%
0 - 50	5,579	35.2	WIC	15,894	100.0	Yes	8	0.0
51 - 100	4,771	30.1	SNAP	15,890	26.0	No	19,765	100.0
101 - 130	2,150	13.6	Medicaid	15,890	68.0	Total	19,773	100.0
131 - 150	1,189	7.5	TANF	15,890	4.5			
151 - 185	1,451	9.2						
186 - 200	190	1.2	<i>Excluded Unknown:</i>					
> 200	510	3.2	WIC:	0	0.0			
Adjunctive Eligibility	0	0.0	SNAP:	4	0.0			
Total	15,840	100.0	Medicaid:	4	0.0			
<i>Excluded Unknown: 54</i>	<i>0.3</i>		TANF:	4	0.0	<i>Excluded Unknown: 40</i>	<i>0.2</i>	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Prenatal program participation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Health Indicators

Summary of Health Indicators (2)				
	Iowa Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Prepregnancy BMI (3)				
Underweight	16,818	2.5	1,226,875	4.5
Normal Weight	16,818	38.5	1,226,875	42.5
Overweight	16,818	26.2	1,226,875	25.9
Obese	16,818	32.8	1,226,875	27.0
Maternal Weight Gain (4)				
Less Than Ideal	14,835	17.7	917,032	21.2
Ideal	14,835	31.4	917,032	30.6
Greater Than Ideal	14,835	50.8	917,032	48.2
Anemia (Low Hb/Hct) (5)				
1st Trimester	6,761	4.9	436,474	7.7
2nd Trimester	5,239	8.8	375,216	12.2
3rd Trimester	3,037	28.3	189,944	33.9
Postpartum	5,506	21.2	412,633	28.8
Parity (6)				
0	11,434	30.6	1,108,534	41.3
1	11,434	30.6	1,108,534	26.7
2	11,434	20.2	1,108,534	16.3
≥ 3	11,434	18.5	1,108,534	15.6
Interpregnancy Interval				
< 6 Months	11,312	16.1	614,765	12.0
6 - <18 Months	11,312	28.7	614,765	26.7
≥18 Months	11,312	55.3	614,765	61.3
Gestational Diabetes	16,994	7.6	389,161	5.0
Hypertension During Pregnancy	16,996	12.3	394,368	6.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Health Indicators

Summary of Health Indicators (2)				
	Iowa Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Medical Care				
1st Trimester	15,054	44.6	527,184	82.2
No Care	15,054	49.7	527,184	3.1
WIC Enrollment				
1st Trimester	17,183	46.8	1,213,982	34.1
2nd Trimester	17,183	28.8	1,213,982	34.7
3rd Trimester	17,183	15.2	1,213,982	17.5
Postpartum (3)	17,183	9.2	1,213,982	13.7
Prepregnancy Multivitamin Consumption (4)	14,402	16.9	360,369	18.7
Multivitamin Consumption During Pregnancy (5)	13,245	50.7	372,743	83.5
Smoking				
3 Months Prior to Pregnancy	15,428	38.5	1,040,568	22.9
During Pregnancy	15,006	24.2	895,533	13.8
Last 3 Months of Pregnancy	17,148	22.5	838,781	13.0
Postpartum	17,363	24.2	782,035	15.0
Smoking Changes (6)				
Quit Smoking by First Prenatal Visit	5,551	37.2	206,583	43.1
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	4,656	31.7	156,709	36.7
Smoking in Household				
During Pregnancy	14,807	16.9	650,648	17.1
Postpartum	17,100	6.9	559,995	16.8
Drinking				
3 Months Prior to Pregnancy	8,152	15.0	1,040,654	8.3
Last 3 Months of Pregnancy	17,062	0.4	604,343	1.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Health Indicators

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Summary of Health Indicators (2)				
	Iowa Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Birthweight (3)				
Very Low	13,318	1.1	1,018,145	1.1
Low	13,318	6.7	1,018,145	7.1
Normal	13,318	84.6	1,018,145	85.1
High	13,318	7.6	1,018,145	6.7
Preterm (4)	11,868	11.3	1,017,333	11.1
Full term Low Birth Weight (5)	10,276	3.1	848,957	3.5
Multiple Births	18,246	1.1	1,095,174	1.4
Breastfeeding				
Ever Breastfed	13,908	48.6	997,136	66.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.



Table 3C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

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Comparison of Racial and Ethnic Distribution by Contributor to Nation

Comparison of Racial and Ethnic Distribution ⁽²⁾								
	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Iowa	19,813	71.3	8.2	16.3	0.5	2.1	1.4	0.1
Nation (Prior Year)	1,304,320	41.6	24.1	28.3	1.1	3.2	1.2	0.5

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Comparison of Age Distribution by Contributor to Nation

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Comparison of Age Distribution ⁽²⁾								
	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Iowa	19,813	0.3	5.5	13.1	62.1	17.8	1.2	0.1
Nation (Prior Year)	1,304,320	0.3	5.8	12.3	59.4	20.4	1.5	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 5C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

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Comparison of Maternal Health Indicators by Contributor to Nation

Comparison of Maternal Health Indicators ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	%	%	Number	%	%	Number	%	Number	%	Number	%	Number	%
Iowa	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2	16,994	7.6	16,996	12.3
Nation (Prior Year)	1,226,875	4.5	52.9	917,032	21.2	48.2	189,944	33.9	412,633	28.8	389,161	5.0	394,368	6.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 6C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

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Comparison of Maternal Behavioral Indicators by Contributor to Nation

Comparison of Maternal Behavioral Indicators ⁽²⁾									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregpregnancy ⁽³⁾		During Pregnancy ⁽⁴⁾	
	Number	%	%	Number	%	Number	%	Number	%
Iowa	15,054	44.6	49.7	17,183	46.8	14,402	16.9	13,245	50.7
Nation (Prior Year)	527,184	82.2	3.1	1,213,982	34.1	360,369	18.7	372,743	83.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Comparison of Smoking Indicators by Contributor to Nation

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Comparison of Smoking Indicators (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	%	Number	%		Number	%	Number	%	
Iowa	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9
Nation (Prior Year)	1,040,568	22.9	838,781	13.0	156,709	36.7	650,648	17.1	559,995	16.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾

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Iowa
Comparison of Infant Health Indicators by Contributor to Nation

Comparison of Infant Health Indicators ⁽²⁾								
	Birthweight			Preterm (5)	Full Term LBW (6)	Ever Breastfed		
	Low (3)		High (4)					
	Number	%	%	Number	%	Number	%	
Iowa	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908 48.6
Nation (Prior Year)	1,018,145	8.2	6.7	1,017,333	11.1	848,957	3.5	997,136 66.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 9C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

Maternal Health Indicators by Race/Ethnicity, Age, or Education

Maternal Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾

	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	%	%	Number	%	%	Number	%	Number	%	Number	%	Number	%
Race/Ethnicity														
White, Not Hispanic	11,946	2.7	58.7	10,519	16.5	53.3	2,151	25.2	4,010	18.8	12,191	7.3	12,191	13.2
Black, Not Hispanic	1,388	2.8	58.5	1,210	20.8	47.4	249	53.0	395	40.3	1,336	6.4	1,339	13.4
Hispanic	2,843	1.4	63.3	2,547	20.5	43.1	464	28.4	871	23.2	2,783	9.5	2,781	9.1
American Indian/Alaska Native	93	*	*	77	*	*	23	*	42	*	89	*	89	*
Asian/Pacific Islander	290	2.8	32.1	262	27.5	36.3	86	*	125	22.4	355	8.2	355	6.2
Multiple Races	256	2.7	52.7	220	15.9	58.6	63	*	63	*	240	7.1	241	10.8
All Other/Unknown	2	*	*	0	*	*	1	*	0	*	0	*	0	*
Total	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2	16,994	7.6	16,996	12.3
Age														
< 15 Years	52	*	*	48	*	*	22	*	9	*	51	*	51	*
15 - 17 Years	966	4.1	36.9	875	13.3	55.3	170	30.0	254	20.9	916	2.7	915	12.1
18 - 19 Years	2,296	4.3	47.2	2,038	14.9	55.3	406	31.3	639	24.4	2,175	3.6	2,181	11.9
20 - 29 Years	10,354	2.3	60.3	9,106	17.8	50.8	1,923	27.9	3,446	21.3	10,560	6.5	10,561	11.7
30 - 39 Years	2,954	1.3	69.7	2,611	20.6	45.7	497	26.4	1,068	19.7	3,087	14.9	3,083	13.9
>= 40 Years	187	0.5	78.1	149	26.8	48.3	18	*	90	*	197	23.4	197	26.4
Unknown	9	*	*	8	*	*	1	*	0	*	8	*	8	*
Total	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2	16,994	7.6	16,996	12.3
Education														
< High School	4,644	2.7	55.1	4,098	18.5	48.0	805	33.3	1,320	25.8	4,463	6.6	4,471	10.5
High School	7,043	2.5	61.0	6,234	17.1	52.9	1,261	28.6	2,194	21.2	7,002	7.7	7,005	12.4
> High School	4,250	2.2	60.5	3,744	17.5	50.9	818	23.2	1,646	17.9	4,491	8.6	4,485	13.8
Unknown	881	2.5	55.4	759	20.3	48.5	153	25.5	346	19.7	1,038	6.8	1,035	12.6
Total	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2	16,994	7.6	16,996	12.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 10C
2010 Pregnancy Nutrition Surveillance (1)
Iowa

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester	No Care		1st Trimester		Prepregnancy (3)	During Pregnancy (4)		
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	10,818	46.4	48.8	12,156	47.7	10,161	19.3	9,551	50.8
Black, Not Hispanic	1,211	36.9	54.7	1,423	39.1	1,195	8.5	991	55.5
Hispanic	2,422	42.5	49.8	2,880	48.9	2,496	13.1	2,210	47.6
American Indian/Alaska Native	75	*	*	96	*	75	*	69	*
Asian/Pacific Islander	318	33.6	55.3	340	32.4	266	10.9	236	51.7
Multiple Races	210	40.0	52.9	264	42.0	209	7.2	188	55.3
All Other/Unknown	0	*	*	24	*	0	*	0	*
Total	15,054	44.6	49.7	17,183	46.8	14,402	16.9	13,245	50.7
Age									
< 15 Years	47	*	*	57	*	47	*	43	*
15 - 17 Years	851	42.5	47.1	1,013	49.7	830	6.3	792	46.3
18 - 19 Years	1,981	44.1	49.8	2,379	51.0	1,988	8.1	1,876	50.0
20 - 29 Years	9,369	44.9	49.9	10,576	45.8	8,962	17.2	8,122	51.7
30 - 39 Years	2,641	45.1	49.3	2,956	46.0	2,427	26.2	2,271	49.3
>= 40 Years	157	40.1	54.1	193	48.2	140	32.1	132	47.7
Unknown	8	*	*	9	*	8	*	9	*
Total	15,054	44.6	49.7	17,183	46.8	14,402	16.9	13,245	50.7
Education									
< High School	4,037	42.6	49.6	4,744	48.2	4,125	10.4	3,564	49.6
High School	6,319	45.2	49.6	7,170	48.6	6,091	15.1	5,629	51.4
> High School	3,901	46.6	49.3	4,310	43.7	3,542	27.7	3,441	51.2
Unknown	797	41.7	52.3	959	40.1	644	17.1	611	47.3
Total	15,054	44.6	49.7	17,183	46.8	14,402	16.9	13,245	50.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for behavioral indicators, and data with errors for behavioral and demographic indicators.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 11C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Smoking Indicators by Race/Ethnicity, Age, or Education

Smoking Indicators by Race/Ethnicity, Age, or Education ⁽²⁾										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	%	Number	%		Number	%	Number	%	
Race/Ethnicity										
White, Not Hispanic	10,867	46.7	12,319	27.6	4,036	30.6	10,433	19.9	12,284	8.0
Black, Not Hispanic	1,267	27.4	1,344	14.4	225	36.0	1,177	14.2	1,361	5.6
Hispanic	2,696	13.2	2,805	6.4	269	39.8	2,624	6.3	2,781	3.3
American Indian/Alaska Native	85	*	88	*	20	*	81	*	86	*
Asian/Pacific Islander	290	8.6	353	3.7	23	*	283	10.2	350	3.7
Multiple Races	222	46.8	239	26.4	83	*	208	26.4	238	7.1
All Other/Unknown	1	*	0	*	0	*	1	*	0	*
Total	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9
Age										
< 15 Years	51	*	53	*	9	*	55	*	52	*
15 - 17 Years	898	32.0	928	12.8	232	47.8	891	29.9	927	12.5
18 - 19 Years	2,128	44.7	2,206	22.5	776	37.9	2,112	26.3	2,190	10.5
20 - 29 Years	9,585	40.1	10,641	24.0	2,980	30.6	9,098	15.1	10,618	6.3
30 - 39 Years	2,601	30.6	3,112	20.5	628	23.9	2,494	10.5	3,102	4.7
>= 40 Years	156	25.0	200	22.0	29	*	149	14.1	203	5.9
Unknown	9	*	8	*	2	*	8	*	8	*
Total	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9
Education										
< High School	4,443	40.1	4,498	26.0	1,354	26.5	4,236	21.2	4,471	9.0
High School	6,495	43.5	7,067	25.9	2,260	31.8	6,246	18.2	7,050	7.4
> High School	3,770	29.2	4,543	14.9	867	39.3	3,626	10.2	4,547	4.3
Unknown	720	31.4	1,040	17.6	175	33.7	699	13.3	1,032	5.7
Total	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for smoking indicators, and data with errors for smoking and demographic indicators.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 12C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Infant Health Indicators by Race/Ethnicity, Age, or Education

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Infant Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	9,643	7.8	8.1	8,526	11.3	7,379	3.0	10,069	46.5
Black, Not Hispanic	1,033	10.9	3.3	930	11.2	808	5.7	1,083	40.8
Hispanic	2,106	6.2	7.3	1,931	11.3	1,669	2.0	2,198	60.8
American Indian/Alaska Native	76	*	*	69	*	58	*	78	*
Asian/Pacific Islander	263	8.0	3.8	227	10.1	201	4.0	273	60.1
Multiple Races	197	8.1	8.1	185	10.3	161	2.5	207	45.4
All Other/Unknown	0	*	*	0	*	0	*	0	*
Total	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908	48.6
Age									
< 15 Years	38	*	*	38	*	34	*	40	*
15 - 17 Years	709	7.6	4.5	679	11.6	587	3.7	735	40.8
18 - 19 Years	1,671	7.2	5.3	1,587	10.8	1,377	3.8	1,747	43.3
20 - 29 Years	8,347	6.3	7.6	7,373	10.7	6,424	2.9	8,713	48.6
30 - 39 Years	2,408	7.6	10.1	2,077	13.3	1,761	3.0	2,521	54.1
>= 40 Years	137	8.8	8.0	107	17.8	87	*	144	59.0
Unknown	8	*	*	7	*	6	*	8	*
Total	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908	48.6
Education									
< High School	3,474	7.0	6.1	3,231	11.5	2,786	3.9	3,645	43.6
High School	5,488	6.9	7.9	4,984	11.5	4,317	3.1	5,734	44.9
> High School	3,552	6.1	8.5	3,023	11.1	2,622	2.3	3,688	58.8
Unknown	804	7.0	8.3	630	9.8	551	2.9	841	50.7
Total	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908	48.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 13C
2010 Pregnancy Nutrition Surveillance (1)
Iowa

Maternal Weight Gain and Birth Outcomes by Select Health Indicators

Maternal Weight Gain and Birth Outcomes by Select Health Indicators ⁽²⁾										
	Weight Gain (3)			Birth Outcomes						
	< Ideal		> Ideal	Birthweight			Preterm (6)		Full Term LBW (7)	
				Low (4)	High (5)					
		Number	%	%	Number	%	%	Number	%	Number
Prepregnancy BMI										
Underweight	367	26.7	28.3	266	13.2	1.1	271	13.3	230	6.1
Normal Weight	5,788	21.9	41.2	4,328	7.9	5.5	4,393	11.3	3,808	3.4
Overweight	3,951	10.8	61.2	2,995	6.6	7.5	3,021	9.7	2,666	2.7
Obese	4,729	17.7	55.7	3,673	6.8	11.5	3,726	12.1	3,192	2.1
Weight Gain										
< Ideal	–	–	–	1,735	12.9	4.1	1,765	16.1	1,446	5.2
Ideal	–	–	–	3,516	7.7	5.9	3,568	11.2	3,093	3.3
> Ideal	–	–	–	5,810	5.3	10.3	5,871	9.6	5,184	1.9
Smoking During Pregnancy										
Smokers	2,991	18.2	51.5	2,306	9.7	5.4	2,333	11.8	2,009	4.8
Non-Smokers	9,800	17.5	50.6	7,524	6.3	8.7	7,641	10.7	6,673	2.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 14C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Summary of Trends in Racial and Ethnic Distribution

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Summary of Trends in Racial and Ethnic Distribution ⁽²⁾								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
2010	19,813	71.3	8.2	16.3	0.5	2.1	1.4	0.1
2009	20,415	71.6	8.0	16.3	0.5	1.9	1.3	0.4
2008	20,660	71.9	7.4	17.0	0.5	1.8	1.2	0.3
2007	20,774	71.8	7.5	17.1	0.5	1.5	1.2	0.4
2006	11,150	71.9	6.8	17.9	0.3	1.8	1.1	0.2
2005	17,919	75.9	7.3	14.3	0.7	1.8	0.0	0.0
2004	13,126	76.3	7.2	13.5	0.7	2.2	0.0	0.0
2003	18,177	78.0	6.8	12.2	0.6	2.4	0.0	0.0
2002	18,053	78.1	6.5	12.3	0.7	2.3	0.0	0.0
2001	16,916	79.7	6.8	11.0	0.6	1.9	0.0	0.0
2000	17,515	80.4	6.5	10.3	0.7	2.2	0.0	0.0
1999	17,411	81.7	6.2	9.5	0.6	2.1	0.0	0.0
1998	17,784	83.1	5.9	8.5	0.6	2.1	0.0	0.0
1997	17,515	82.8	6.1	8.2	0.7	2.3	0.0	0.0
1996	15,733	83.9	6.1	7.5	0.5	2.1	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 15C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Summary of Trends in Age Distribution

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Summary of Trends in Age Distribution ⁽²⁾								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
2010	19,813	0.3	5.5	13.1	62.1	17.8	1.2	0.1
2009	20,415	0.3	6.1	13.7	62.2	16.7	1.0	0.0
2008	20,660	0.3	6.5	13.8	62.1	16.2	1.1	0.0
2007	20,774	0.3	5.8	13.8	63.2	15.8	1.0	0.1
2006	11,150	0.3	6.2	13.0	63.9	15.6	1.0	0.1
2005	17,919	0.3	6.5	13.5	63.2	15.5	1.0	0.0
2004	13,126	0.2	5.6	13.6	63.4	16.0	1.1	0.0
2003	18,177	0.3	6.6	14.2	62.8	15.3	0.8	0.0
2002	18,053	0.3	6.8	14.4	62.3	15.3	1.0	0.0
2001	16,916	0.3	7.0	15.5	61.4	14.9	0.8	0.0
2000	17,515	0.4	7.7	15.9	60.6	14.5	0.9	0.0
1999	17,411	0.4	8.0	16.3	59.8	14.7	0.8	0.0
1998	17,784	0.4	8.3	15.7	59.8	14.9	0.8	0.0
1997	17,515	0.5	8.9	15.5	59.6	14.8	0.8	0.0
1996	15,733	0.4	8.7	15.8	59.3	15.1	0.8	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Pregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
2010	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2
2009	17,397	2.6	58.2	15,582	16.7	52.1	3,275	30.1	6,176	22.9
2008	17,526	2.9	57.5	15,701	15.9	53.0	3,252	28.0	6,741	21.9
2007	17,366	2.7	56.2	15,268	16.1	51.8	3,057	33.0	6,908	24.2
2006	9,130	3.1	55.0	7,746	17.0	51.8	1,743	28.8	3,824	21.8
2005	16,560	5.2	52.2	12,705	17.9	51.4	2,655	30.2	5,986	25.3
2004	11,846	5.3	50.9	9,831	18.9	50.2	1,626	29.9	5,746	24.3
2003	16,572	5.4	50.2	14,498	17.9	50.6	2,496	26.8	7,630	23.5
2002	16,489	5.9	49.4	14,267	17.7	50.6	2,531	25.9	7,365	21.7
2001	15,867	6.4	49.4	13,502	18.6	50.0	2,473	25.2	6,394	21.7
2000	16,502	6.7	47.9	14,345	18.8	49.4	2,507	23.8	6,425	21.3
1999	16,328	6.7	46.5	14,246	18.9	48.8	2,358	24.2	5,732	19.6
1998	16,476	6.7	45.9	14,708	18.7	49.0	2,349	25.0	5,698	20.3
1997	16,031	6.5	44.7	14,318	18.7	47.1	2,182	22.0	5,832	19.9
1996	10,991	7.3	42.6	9,937	19.4	47.2	1,994	24.9	5,609	19.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
2010	15,054	44.6	49.7	17,183	46.8
2009	12,363	88.1	0.0	17,948	44.1
2008	12,046	87.9	0.0	17,899	43.4
2007	11,812	86.5	0.0	15,981	41.7
2006	3,998	86.7	0.0	8,328	38.8
2005	14,170	81.4	11.0	17,429	35.4
2004	11,356	79.6	13.5	12,403	32.1
2003	16,442	79.9	12.7	17,405	33.9
2002	16,189	79.3	13.3	17,216	33.4
2001	14,906	80.3	11.6	16,326	32.8
2000	15,656	79.0	12.3	16,869	33.9
1999	15,514	78.8	12.5	16,691	34.2
1998	15,902	78.6	12.5	16,983	34.8
1997	15,523	78.1	13.0	16,687	34.7
1996	11,363	76.6	14.0	13,211	29.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 18C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Trends in Smoking Indicators

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Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
2010	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9
2009	15,549	39.8	17,863	23.1	5,069	30.7	15,142	20.8	17,694	8.8
2008	15,279	40.8	17,175	25.1	5,054	29.8	15,073	24.4	17,058	15.4
2007	15,104	42.8	18,082	25.6	4,619	30.7	12,455	26.3	17,812	16.8
2006	4,580	41.0	6,096	25.7	0	*	6	*	6,002	16.5
2005	17,506	42.1	14,294	27.1	4,827	29.4	14,443	41.9	14,289	36.5
2004	12,492	41.9	11,435	26.9	3,252	29.1	9,111	41.9	11,432	36.0
2003	17,451	43.1	16,563	27.1	5,542	29.9	13,966	40.8	16,550	35.8
2002	17,302	44.2	16,331	27.7	5,615	29.9	13,723	41.7	16,309	34.7
2001	16,419	46.1	15,026	29.8	5,393	27.3	13,049	44.4	15,021	36.4
2000	16,981	46.0	15,747	29.6	5,602	27.9	13,443	44.6	15,739	37.8
1999	16,817	46.1	15,630	29.9	5,670	28.9	13,414	47.4	15,618	39.7
1998	17,066	44.4	16,175	28.9	5,735	28.1	13,648	47.8	16,159	39.9
1997	16,574	42.9	15,888	28.9	5,372	26.9	13,216	47.6	15,884	39.9
1996	11,437	41.8	12,593	30.3	3,313	23.8	8,212	48.6	12,575	42.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 19C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators ⁽²⁾									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)	High (4)							
	Number	%	%	Number	%	Number	%	Number	%
2010	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908	48.6
2009	13,440	7.6	8.5	12,069	10.2	10,392	3.2	14,299	33.3
2008	13,645	7.9	8.0	11,797	11.1	10,307	3.0	14,114	29.7
2007	14,468	7.8	8.4	10,848	10.8	9,521	2.8	14,889	22.5
2006	4,848	7.2	8.4	3,502	10.1	3,098	2.5	4,968	25.6
2005	13,861	7.4	8.3	13,462	13.1	11,670	3.1	13,858	58.1
2004	11,041	7.8	8.2	10,402	13.0	9,025	2.9	11,030	58.6
2003	16,030	6.9	9.0	15,405	12.4	13,445	2.7	16,048	57.7
2002	15,796	7.3	9.2	15,112	12.8	13,115	2.9	15,800	57.2
2001	14,604	6.9	9.5	14,082	12.3	12,327	3.1	14,577	55.7
2000	15,264	6.9	9.6	14,708	11.5	12,983	2.8	15,245	54.1
1999	15,183	6.9	10.1	14,548	11.7	12,813	2.6	15,159	52.5
1998	15,680	6.9	10.6	14,966	11.8	13,180	2.9	15,624	52.4
1997	15,378	6.6	10.1	14,657	11.7	12,925	2.8	15,356	49.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2010 Pregnancy Nutrition Surveillance (1)
Iowa
Summary of Trends in Infant Health Indicators

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Summary of Trends in Infant Health Indicators ⁽²⁾									
Year	Birthweight			Preterm (5)	Full Term LBW (6)		Ever Breastfed		
	Low (3)		High (4)						
	Number	%	%						Number
1996	12,243	6.8	10.1	11,477	11.3	10,169	3.1	12,197	32.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

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Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2010	11,946	2.7	58.7	10,519	16.5	53.3	2,151	25.2	4,010	18.8
	2009	12,403	2.9	58.0	11,172	15.5	54.5	2,336	27.7	4,522	19.9
	2008	12,532	3.2	57.3	11,203	14.6	55.7	2,299	26.5	4,831	19.5
	2007	12,463	3.1	55.9	10,957	15.2	54.1	2,171	30.8	4,863	21.3
	2006	6,552	3.5	54.5	5,564	15.7	54.6	1,252	24.8	2,715	19.8
	2005	12,732	5.5	52.3	9,999	16.7	53.6	1,964	27.2	4,500	23.5
	2004	9,207	5.5	50.9	7,781	17.6	52.4	1,197	27.8	4,310	22.0
	2003	13,096	5.8	50.0	11,626	16.8	52.3	1,877	25.3	5,833	22.1
	2002	13,052	6.2	49.3	11,460	16.7	52.6	1,946	24.5	5,602	20.1
	2001	12,746	6.8	49.6	10,999	17.6	51.7	1,935	23.6	5,008	19.7
Black, Not Hispanic	2010	1,388	2.8	58.5	1,210	20.8	47.4	249	53.0	395	40.3
	2009	1,415	2.5	58.7	1,230	21.0	48.9	264	56.8	440	45.9
	2008	1,311	4.0	58.7	1,174	19.8	51.7	248	49.2	451	41.7
	2007	1,310	2.2	57.6	1,132	17.7	50.7	268	56.0	506	47.8
	2006	618	3.4	56.3	524	19.7	48.1	133	49.6	236	37.3
	2005	1,203	4.9	56.4	877	20.4	46.4	226	47.8	398	41.5
	2004	818	4.6	54.3	645	22.0	46.8	146	44.5	376	42.6
	2003	1,094	3.7	53.9	933	19.3	50.7	203	48.8	473	42.5
	2002	1,043	4.3	54.2	883	17.2	52.8	166	49.4	444	40.3
	2001	1,073	5.8	52.4	869	21.2	49.5	171	45.0	374	36.9

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Iowa

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Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2010	2,843	1.4	63.3	2,547	20.5	43.1	464	28.4	871	23.2
	2009	2,971	1.0	61.3	2,651	19.6	43.8	539	27.6	961	24.3
	2008	3,115	1.2	60.7	2,821	19.9	43.4	555	25.4	1,172	23.2
	2007	3,076	1.4	58.7	2,735	18.8	44.1	491	30.3	1,292	25.5
	2006	1,690	1.1	58.4	1,438	21.5	43.3	298	33.2	723	23.4
	2005	2,223	3.1	53.8	1,535	23.7	43.2	391	33.2	934	27.0
	2004	1,477	2.6	54.6	1,134	24.0	40.7	221	28.5	872	28.6
	2003	1,887	2.8	54.5	1,512	23.4	42.9	322	24.5	1,032	20.9
	2002	1,907	3.3	53.0	1,523	22.8	39.9	333	24.0	1,040	22.0
	2001	1,656	2.7	50.9	1,308	22.1	41.4	299	22.4	811	25.0
American Indian/Alaska Native	2010	93	*	*	77	*	*	23	*	42	*
	2009	88	*	*	71	*	*	20	*	47	*
	2008	95	*	*	82	*	*	20	*	50	*
	2007	90	*	*	69	*	*	15	*	37	*
	2006	27	*	*	24	*	*	6	*	16	*
	2005	105	1.0	49.5	75	*	*	20	*	43	*
	2004	85	*	*	58	*	*	21	*	40	*
	2003	99	*	*	72	*	*	14	*	57	*
	2002	108	6.5	64.8	79	*	*	19	*	60	*
	2001	90	*	*	62	*	*	17	*	42	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)		
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum
		Number	%	%	Number	%	%	Number	%	Number %
Asian/Pacific Islander	2010	290	2.8	32.1	262	27.5	36.3	86	*	125 22.4
	2009	290	4.1	31.4	261	21.5	39.8	82	*	138 24.6
	2008	250	3.2	24.4	231	16.9	39.8	84	*	163 23.9
	2007	213	5.2	25.4	182	18.7	34.1	61	*	124 20.2
	2006	133	4.5	35.3	107	17.8	41.1	33	*	89 *
	2005	297	12.8	19.5	219	25.1	30.1	54	*	111 20.7
	2004	259	11.2	19.7	213	32.9	27.7	41	*	148 19.6
	2003	396	10.6	21.2	355	25.1	29.0	80	*	235 24.7
	2002	379	12.7	16.1	322	31.4	26.1	67	*	219 18.3
	2001	302	13.6	18.9	264	31.8	26.9	51	*	159 25.2
Multiple Races	2010	256	2.7	52.7	220	15.9	58.6	63	*	63 *
	2009	224	2.7	57.6	197	16.2	59.4	34	*	68 *
	2008	220	2.7	53.2	190	10.5	60.5	46	*	73 *
	2007	209	3.3	55.5	193	17.6	50.8	51	*	86 *
	2006	101	4.0	50.5	88	*	*	20	*	44 *
	2005	0	*	*	0	*	*	0	*	0 *
	2004	0	*	*	0	*	*	0	*	0 *
	2003	0	*	*	0	*	*	0	*	0 *
	2002	0	*	*	0	*	*	0	*	0 *
	2001	0	*	*	0	*	*	0	*	0 *

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
All Other/Unknown	2010	2	*	*	0	*	*	1	*	0	*
	2009	6	*	*	0	*	*	0	*	0	*
	2008	3	*	*	0	*	*	0	*	1	*
	2007	5	*	*	0	*	*	0	*	0	*
	2006	9	*	*	1	*	*	1	*	1	*
	2005	0	*	*	0	*	*	0	*	0	*
	2004	0	*	*	0	*	*	0	*	0	*
	2003	0	*	*	0	*	*	0	*	0	*
	2002	0	*	*	0	*	*	0	*	0	*
	2001	0	*	*	0	*	*	0	*	0	*
Total All Race/Ethnic Groups	2010	16,818	2.5	59.0	14,835	17.7	50.8	3,037	28.3	5,506	21.2
	2009	17,397	2.6	58.2	15,582	16.7	52.1	3,275	30.1	6,176	22.9
	2008	17,526	2.9	57.5	15,701	15.9	53.0	3,252	28.0	6,741	21.9
	2007	17,366	2.7	56.2	15,268	16.1	51.8	3,057	33.0	6,908	24.2
	2006	9,130	3.1	55.0	7,746	17.0	51.8	1,743	28.8	3,824	21.8
	2005	16,560	5.2	52.2	12,705	17.9	51.4	2,655	30.2	5,986	25.3
	2004	11,846	5.3	50.9	9,831	18.9	50.2	1,626	29.9	5,746	24.3
	2003	16,572	5.4	50.2	14,498	17.9	50.6	2,496	26.8	7,630	23.5
	2002	16,489	5.9	49.4	14,267	17.7	50.6	2,531	25.9	7,365	21.7
	2001	15,867	6.4	49.4	13,502	18.6	50.0	2,473	25.2	6,394	21.7

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
White, Not Hispanic	2010	10,818	46.4	48.8	12,156	47.7
	2009	8,966	90.2	0.0	12,741	45.2
	2008	8,689	89.7	0.0	12,744	44.4
	2007	8,598	88.3	0.0	11,323	43.3
	2006	2,835	88.6	0.0	5,908	40.3
	2005	10,907	82.7	10.7	13,229	36.7
	2004	8,724	81.2	13.0	9,514	32.8
	2003	12,866	80.9	12.5	13,604	34.9
	2002	12,693	80.5	13.0	13,473	34.5
	2001	11,947	81.0	11.8	13,008	33.8
Black, Not Hispanic	2010	1,211	36.9	54.7	1,423	39.1
	2009	944	82.2	0.0	1,450	34.6
	2008	868	83.3	0.0	1,336	37.9
	2007	852	80.0	0.0	1,182	33.8
	2006	261	79.3	0.0	538	29.6
	2005	994	76.8	11.7	1,277	28.9
	2004	798	74.9	13.5	880	25.9
	2003	1,109	78.9	10.5	1,186	27.3
	2002	1,056	77.1	11.6	1,117	27.5
	2001	974	80.8	7.9	1,122	29.9

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Hispanic	2010	2,422	42.5	49.8	2,880	48.9
	2009	2,029	83.8	0.0	3,021	44.5
	2008	2,110	83.6	0.0	3,158	42.7
	2007	2,015	83.2	0.0	2,900	38.6
	2006	771	82.6	0.0	1,598	37.4
	2005	1,933	76.9	12.2	2,491	32.8
	2004	1,514	75.0	15.9	1,649	32.9
	2003	1,980	74.6	15.5	2,099	33.0
	2002	1,972	73.4	16.1	2,114	31.0
	2001	1,613	76.5	11.3	1,794	28.9
American Indian/Alaska Native	2010	75	*	*	96	*
	2009	56	*	*	92	*
	2008	60	*	*	92	*
	2007	46	*	*	81	*
	2006	11	*	*	27	*
	2005	90	*	*	120	29.2
	2004	67	*	*	88	*
	2003	86	*	*	103	33.0
	2002	98	*	*	117	28.2
	2001	71	*	*	95	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Asian/Pacific Islander	2010	318	33.6	55.3	340	32.4
	2009	222	78.8	0.0	331	33.2
	2008	176	75.6	0.0	299	30.8
	2007	157	80.9	0.0	224	35.3
	2006	60	*	*	133	32.3
	2005	246	83.3	11.0	311	26.7
	2004	253	75.5	14.6	272	22.8
	2003	401	78.3	12.7	413	22.5
	2002	370	77.8	12.4	395	25.3
	2001	301	75.4	15.0	307	24.1
Multiple Races	2010	210	40.0	52.9	264	42.0
	2009	146	82.2	0.0	234	47.0
	2008	143	86.0	0.0	219	41.6
	2007	144	76.4	0.0	188	37.2
	2006	60	*	*	98	*
	2005	0	*	*	0	*
	2004	0	*	*	0	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*
	2001	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
All Other/Unknown	2010	0	*	*	24	*
	2009	0	*	*	79	*
	2008	0	*	*	51	*
	2007	0	*	*	83	*
	2006	0	*	*	26	*
	2005	0	*	*	1	*
	2004	0	*	*	0	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*
	2001	0	*	*	0	*
Total All Race/Ethnic Groups	2010	15,054	44.6	49.7	17,183	46.8
	2009	12,363	88.1	0.0	17,948	44.1
	2008	12,046	87.9	0.0	17,899	43.4
	2007	11,812	86.5	0.0	15,981	41.7
	2006	3,998	86.7	0.0	8,328	38.8
	2005	14,170	81.4	11.0	17,429	35.4
	2004	11,356	79.6	13.5	12,403	32.1
	2003	16,442	79.9	12.7	17,405	33.9
	2002	16,189	79.3	13.3	17,216	33.4
	2001	14,906	80.3	11.6	16,326	32.8

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
White, Not Hispanic	2010	10,867	46.7	12,319	27.6	4,036	30.6	10,433	19.9	12,284	8.0
	2009	10,994	48.2	12,992	27.9	4,396	29.3	10,690	24.4	12,869	10.4
	2008	10,834	49.4	12,607	30.1	4,393	28.1	10,703	28.8	12,517	17.6
	2007	10,709	52.0	13,126	30.7	3,987	29.5	8,881	30.4	12,944	19.3
	2006	3,129	52.0	4,341	31.9	0	*	2	*	4,290	19.2
	2005	13,288	50.4	10,989	32.7	4,427	28.2	10,881	48.4	10,985	42.2
	2004	9,572	49.3	8,780	32.2	2,974	27.9	6,916	47.7	8,778	41.3
	2003	13,643	49.9	12,947	32.1	5,046	28.6	10,818	46.5	12,940	40.7
	2002	13,547	51.6	12,797	32.9	5,192	28.7	10,712	46.9	12,782	39.7
	2001	13,089	53.0	12,041	34.9	4,982	26.0	10,345	49.6	12,038	41.0
Black, Not Hispanic	2010	1,267	27.4	1,344	14.4	225	36.0	1,177	14.2	1,361	5.6
	2009	1,231	29.7	1,369	16.3	268	36.6	1,198	15.2	1,365	5.6
	2008	1,118	29.7	1,222	18.5	243	38.7	1,088	18.1	1,227	11.5
	2007	1,133	32.9	1,328	21.3	254	31.5	918	20.5	1,301	12.1
	2006	296	28.7	417	17.7	0	*	1	*	405	12.8
	2005	1,285	33.3	1,002	19.7	255	34.9	1,041	34.7	1,002	27.8
	2004	895	36.3	800	22.0	175	32.6	632	32.9	800	27.4
	2003	1,184	37.8	1,116	22.5	307	30.9	941	31.0	1,115	26.3
	2002	1,121	35.4	1,057	20.9	254	36.6	860	32.0	1,055	23.9
	2001	1,127	38.3	982	20.3	276	39.5	894	33.2	982	23.6

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

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Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Hispanic	2010	2,696	13.2	2,805	6.4	269	39.8	2,624	6.3	2,781	3.3
	2009	2,762	13.4	2,871	6.6	291	43.3	2,714	9.3	2,836	3.8
	2008	2,812	14.6	2,751	7.6	306	45.8	2,772	10.8	2,730	7.1
	2007	2,795	14.0	3,059	7.2	286	46.9	2,277	12.7	3,010	8.2
	2006	994	12.3	1,138	6.9	0	*	3	*	1,115	8.6
	2005	2,500	6.8	1,964	3.3	102	57.8	2,179	15.6	1,963	11.7
	2004	1,662	7.0	1,529	2.8	63	*	1,328	16.8	1,528	12.8
	2003	2,105	8.1	2,007	2.7	127	63.8	1,813	15.0	2,002	13.1
	2002	2,121	8.3	1,997	3.3	126	59.5	1,776	18.1	1,992	12.4
	2001	1,800	8.2	1,627	3.0	100	51.0	1,513	18.4	1,625	13.0
American Indian/Alaska Native	2010	85	*	88	*	20	*	81	*	86	*
	2009	82	*	83	*	28	*	79	*	81	*
	2008	86	*	86	*	29	*	80	*	83	*
	2007	74	*	89	*	18	*	57	*	85	*
	2006	16	*	23	*	0	*	0	*	21	*
	2005	121	34.7	91	*	25	*	95	*	91	*
	2004	88	*	68	*	18	*	65	*	68	*
	2003	103	43.7	86	*	27	*	82	*	86	*
	2002	117	37.6	99	*	21	*	92	*	99	*
	2001	95	*	72	*	17	*	72	*	72	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

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Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2010	290	8.6	353	3.7	23	*	283	10.2	350	3.7
	2009	286	10.5	328	5.5	21	*	275	12.0	325	4.3
	2008	237	9.3	305	3.9	18	*	240	13.8	302	9.6
	2007	213	11.3	264	4.9	13	*	172	14.0	257	9.3
	2006	83	*	104	8.7	0	*	0	*	99	*
	2005	312	9.6	248	4.0	18	*	247	21.5	248	17.3
	2004	275	14.2	258	5.4	22	*	170	25.9	258	21.7
	2003	416	11.1	407	4.2	35	*	312	24.0	407	20.1
	2002	396	10.1	381	3.1	22	*	283	26.5	381	17.1
2001	308	9.7	304	3.6	18	*	225	27.6	304	22.4	
Multiple Races	2010	222	46.8	239	26.4	83	*	208	26.4	238	7.1
	2009	193	45.1	220	27.3	65	*	185	22.2	218	9.6
	2008	190	43.2	203	28.1	65	*	188	28.7	198	18.2
	2007	180	45.0	216	25.9	61	*	150	36.0	215	19.5
	2006	62	*	73	*	0	*	0	*	72	*
	2005	0	*	0	*	0	*	0	*	0	*
	2004	0	*	0	*	0	*	0	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*
2001	0	*	0	*	0	*	0	*	0	*	

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

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Summary of Trends in Smoking Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
All Other/Unknown	2010	1	*	0	*	0	*	1	*	0	*
	2009	1	*	0	*	0	*	1	*	0	*
	2008	2	*	1	*	0	*	2	*	1	*
	2007	0	*	0	*	0	*	0	*	0	*
	2006	0	*	0	*	0	*	0	*	0	*
	2005	0	*	0	*	0	*	0	*	0	*
	2004	0	*	0	*	0	*	0	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*
2001	0	*	0	*	0	*	0	*	0	*	
Total All Race/Ethnic Groups	2010	15,428	38.5	17,148	22.5	4,656	31.7	14,807	16.9	17,100	6.9
	2009	15,549	39.8	17,863	23.1	5,069	30.7	15,142	20.8	17,694	8.8
	2008	15,279	40.8	17,175	25.1	5,054	29.8	15,073	24.4	17,058	15.4
	2007	15,104	42.8	18,082	25.6	4,619	30.7	12,455	26.3	17,812	16.8
	2006	4,580	41.0	6,096	25.7	0	*	6	*	6,002	16.5
	2005	17,506	42.1	14,294	27.1	4,827	29.4	14,443	41.9	14,289	36.5
	2004	12,492	41.9	11,435	26.9	3,252	29.1	9,111	41.9	11,432	36.0
	2003	17,451	43.1	16,563	27.1	5,542	29.9	13,966	40.8	16,550	35.8
	2002	17,302	44.2	16,331	27.7	5,615	29.9	13,723	41.7	16,309	34.7
	2001	16,419	46.1	15,026	29.8	5,393	27.3	13,049	44.4	15,021	36.4

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

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Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
White, Not Hispanic	2010	9,643	7.8	8.1	8,526	11.3	7,379	3.0	10,069	46.5
	2009	9,842	7.5	8.8	8,767	10.2	7,562	2.9	10,455	30.4
	2008	10,054	7.7	8.4	8,619	10.8	7,559	2.9	10,388	26.7
	2007	10,626	7.7	8.6	7,869	10.5	6,931	2.9	10,931	19.0
	2006	3,526	7.3	8.7	2,499	9.8	2,222	2.4	3,604	21.3
	2005	10,682	7.3	8.6	10,360	12.9	9,007	2.9	10,667	55.4
	2004	8,509	7.6	8.6	8,040	12.9	6,992	2.8	8,490	55.6
	2003	12,556	6.6	9.5	12,073	12.3	10,562	2.6	12,555	54.9
	2002	12,398	7.3	9.4	11,876	12.6	10,343	2.9	12,392	54.5
	2001	11,699	6.7	10.1	11,277	11.7	9,943	3.1	11,672	53.6
Black, Not Hispanic	2010	1,033	10.9	3.3	930	11.2	808	5.7	1,083	40.8
	2009	966	11.9	4.9	884	13.2	727	6.6	1,041	28.0
	2008	908	11.2	4.7	794	13.6	674	4.9	936	26.5
	2007	995	12.0	4.9	738	13.6	630	4.3	1,027	21.5
	2006	307	9.1	5.2	205	9.8	181	4.4	320	25.3
	2005	987	11.9	4.9	959	16.4	802	5.7	985	47.1
	2004	776	12.9	3.7	718	17.1	593	4.7	779	46.1
	2003	1,079	11.9	4.5	1,040	14.5	886	5.1	1,083	48.6
	2002	1,027	10.1	5.6	974	14.4	830	4.0	1,024	49.7
	2001	960	13.1	4.4	939	19.1	755	5.4	962	44.5

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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Iowa

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
Hispanic	2010	2,106	6.2	7.3	1,931	11.3	1,669	2.0	2,198	60.8
	2009	2,144	6.4	9.2	1,993	9.5	1,728	3.1	2,290	48.3
	2008	2,222	7.4	7.9	1,985	11.6	1,726	2.4	2,306	43.6
	2007	2,390	6.1	9.3	1,916	11.2	1,668	1.7	2,464	38.1
	2006	866	5.5	9.0	694	10.7	607	1.8	892	42.2
	2005	1,866	5.3	8.9	1,826	11.8	1,595	2.4	1,881	78.0
	2004	1,447	6.5	8.8	1,359	11.4	1,197	2.5	1,452	81.0
	2003	1,920	5.8	9.1	1,840	11.8	1,611	2.4	1,934	79.0
	2002	1,908	5.7	10.3	1,830	12.5	1,584	2.2	1,922	78.1
	2001	1,583	4.6	9.3	1,523	11.5	1,341	1.9	1,581	77.3
American Indian/Alaska Native	2010	76	*	*	69	*	58	*	78	*
	2009	66	*	*	59	*	52	*	71	*
	2008	77	*	*	67	*	61	*	80	*
	2007	76	*	*	54	*	49	*	79	*
	2006	21	*	*	15	*	11	*	21	*
	2005	88	*	*	84	*	68	*	88	*
	2004	63	*	*	59	*	49	*	64	*
	2003	84	*	*	79	*	71	*	83	*
	2002	94	*	*	83	*	65	*	94	*
	2001	68	*	*	66	*	55	*	67	*

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Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2010	263	8.0	3.8	227	10.1	201	4.0	273	60.1
	2009	259	6.2	2.7	214	8.4	192	2.6	269	44.2
	2008	222	9.0	3.2	184	12.0	156	6.4	235	40.4
	2007	209	10.5	2.9	144	6.9	132	3.0	211	32.2
	2006	70	*	*	42	*	37	*	73	*
	2005	238	10.1	3.8	233	15.0	198	7.1	237	65.8
	2004	246	7.3	5.3	226	14.2	194	2.1	245	67.8
	2003	391	9.0	3.1	373	15.3	315	3.8	393	66.7
	2002	369	8.4	4.3	349	16.0	293	4.4	368	61.4
	2001	294	7.1	3.1	277	15.5	233	2.1	295	59.3
Multiple Races	2010	197	8.1	8.1	185	10.3	161	2.5	207	45.4
	2009	163	8.6	7.4	152	8.6	131	6.1	173	27.7
	2008	161	8.7	5.0	148	10.1	131	2.3	168	26.8
	2007	172	10.5	7.6	127	11.8	111	5.4	177	16.4
	2006	58	*	*	47	*	40	*	58	*
	2005	0	*	*	0	*	0	*	0	*
	2004	0	*	*	0	*	0	*	0	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*
	2001	0	*	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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Iowa

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Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
All Other/Unknown	2010	0	*	*	0	*	0	*	0	*
	2009	0	*	*	0	*	0	*	0	*
	2008	1	*	*	0	*	0	*	1	*
	2007	0	*	*	0	*	0	*	0	*
	2006	0	*	*	0	*	0	*	0	*
	2005	0	*	*	0	*	0	*	0	*
	2004	0	*	*	0	*	0	*	0	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*
	2001	0	*	*	0	*	0	*	0	*
Total All Race/Ethnic Groups	2010	13,318	7.8	7.6	11,868	11.3	10,276	3.1	13,908	48.6
	2009	13,440	7.6	8.5	12,069	10.2	10,392	3.2	14,299	33.3
	2008	13,645	7.9	8.0	11,797	11.1	10,307	3.0	14,114	29.7
	2007	14,468	7.8	8.4	10,848	10.8	9,521	2.8	14,889	22.5
	2006	4,848	7.2	8.4	3,502	10.1	3,098	2.5	4,968	25.6
	2005	13,861	7.4	8.3	13,462	13.1	11,670	3.1	13,858	58.1
	2004	11,041	7.8	8.2	10,402	13.0	9,025	2.9	11,030	58.6
	2003	16,030	6.9	9.0	15,405	12.4	13,445	2.7	16,048	57.7
	2002	15,796	7.3	9.2	15,112	12.8	13,115	2.9	15,800	57.2
	2001	14,604	6.9	9.5	14,082	12.3	12,327	3.1	14,577	55.7

(1) Reporting period is January 1 through December 31.

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